

North Staffs Carers

October
2026

What's On

Thursday
1st

Friday
2nd

Week
commencing
28th
September

Brunch @ Olive Tree Cafe
Carers' Catch-up.
Olive Tree Cafe,
Garners Garden
Centre,
Silverdale, ST5
6SH.
10.30am -
12.00pm
.....

Mental Health Carers Group
Support group for those caring for someone with mental health issues.
Greenfields Centre, Furlong Rd, Tunstall, ST6 5UD.
11.00am - 12.30pm

Carers' Support Group
Speak to one of our advisors and meet other carers.
Meir Primary Care Centre, Meir, ST3 6AB.
10.00am - 12.00pm
.....

Chill & Chat
Support group for parents and carers of adults with SEND
Grocott Centre, Ingestre Square, Blurton, ST3 3JT.
1.00pm - 3.00pm
.....

Reading Friends
Read together in a supportive group. Free refreshments. No need to book.
Bentilee Library, Bentilee Neighbourhood Centre, Bentilee, ST2 0EU.
1.30pm - 3.30pm.

nsc.
putting carers first
Registered Charity No. 1062548

northstaffscarers.co.uk
01782793100

If you would like a copy of our monthly What's On, please email: optin@carersfirst.com



North Staffs Carers

**October
2026**

What's On

**Monday
5th**

**Tuesday
6th**

**Wednesday
7th**

**Thursday
8th**

**Friday
9th**



Tai Chi Exercise

Gentle exercise and relaxation for everyone. Please wear loose, comfortable clothing.

**Gardeners' Retreat Pub, Boothon, Stoke, ST4 4BJ
12.30pm - 1.30pm**

Breathing Space

Support group for carers of adults with learning disabilities
**Dez's Kitchen, Fegg Hayes, ST6 6QR.
11.00am - 1.00pm**

Photography Club
**Temple Street Community Centre, Fenton, ST4 4NW
10.00am - 12.00pm**
.....

Lifeworks Group
For carers with autism or caring for someone with autism.

**Northwood Garden Centre, Clayton Rd, Newcastle-under-Lyme, ST5 4DH
10.30am - 12.30pm**
.....

Mental Health Carers Group
Support group for those caring for someone with mental health issues.

**Ashcombe Centre, Wall Lane Terrace, Cheddleton, ST13 7ED.
1.00pm - 2.00pm**

Carer Support Group

Meet one of our advisors and chat with other carers in a supportive, dementia-friendly environment.

Parking available on Kingsway Car Park.

**Stoke Minster, Glebe Street, Stoke, ST4 1LP.
12.00pm - 2.00pm.**

NEW!

Parents' Brunch Club.

Social group for parents of SEND children with advice and support from our team available. Treat yourself to something tasty from the cafe.

**The Capello Lounge, 57 - 58 Ironmarket, Newcastle-under-Lyme, ST5 1PE,
11.00am - 1.00pm**



**Week
commencing
5th October**

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North Staffs

Carers

October 2026

What's On

Week commencing 12th October

Monday 12th

NEW!
Rise and Shine Breakfast Club
Social group for carers with advice and support from our team available. Treat yourself to something tasty from the cafe.
New Vic Theatre Cafe, Etruria Rd, Newcastle-under-Lyme, ST5 0JG, 10am - 12pm
.....

Tai Chi Exercise
Gentle exercise and relaxation for everyone. Please wear loose, comfortable clothing.
Gardeners' Retreat Pub, Boothen, Stoke, ST4 4BJ 12.30pm - 1.30pm

Tuesday 13th

Wednesday 14th

Photography Club
Temple Street Community Centre, Fenton, ST4 4NW
10.00am - 12.00pm
.....

Arts and Crafts
Temple Street Community Centre, Fenton, ST4 4NW
10.00am - 12.00pm
.....

Lifeworks Meeting
For carers with autism or caring for someone with autism.
Harper House, Harper Street, Middleport, ST6 3QU. 10.30am - 12.00pm

Thursday 15th

PEGIS/SEND Community Lounge.
Hazel Trees, Fenton, ST4 3NR.
10.00am - 12.00pm

Friday 16th

Men Care 2
Monthly men's group to meet new friends and share experiences.
The Cafe, Fenton Town Hall, Albert Square, Fenton, ST4 3FA. 10.30am - 12.30pm
.....

Reading Friends
Read together in a supportive group. Free refreshments. No need to book.
Bentilee Library, Bentilee Neighbourhood Centre, Bentilee, ST2 0EU. 1.30pm - 3.30pm.



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Carers

**October
2026**

What's On

**Monday
19th**

**Tuesday
20th**

**Wednesday
21nd**

**Thursday
22nd**

**Friday
23rd**

**Week
commencing
19th October**

**No Tai Chi due to
staff holiday.**

**Carers' Support
Group**

Speak to one of
our advisors and
catch up with
other carers.

**Kidsgrove
Library,
Kidsgrove, ST7
1BS.**

**2.00pm -
3.00pm**

**Photography
Club**

**Temple Street
Community
Centre, Fenton,**

**ST4 4NW
10.00am -
12.00pm**



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North Staffs

Carers

October 2026

What's On

**Monday
26th**

**Tuesday
27th**

**Wednesday
28th**

**Thursday
29th**

**Friday
30th**

**Week
commencing
26th October**

Tai Chi Exercise
Gentle exercise and relaxation for everyone. Please wear loose, comfortable clothing.
Gardeners' Retreat Pub, Boothen, Stoke, ST4 4BJ
12.30pm - 1.30pm

Carers' Catch Up
Hempstalls Care Home, Hempstalls Lane, Newcastle, ST5 9NR.
10.30am - 12.00pm

Photography Club
Temple Street Community Centre, Fenton, ST4 4NW
10.00am - 12.00pm
.....

Arts and Crafts
Temple Street Community Centre, Fenton, ST4 4NW
10.00am - 12.00pm

Mental Health Carers Group
Support group for those caring for someone with mental health issues.
The Sutherland Centre, Belgrave Rd, Dresden, ST3 4LR.
10.00am - 11.30am.

Shared Memories Dementia Group.
For those living with dementia and their carers.
Werrington Library, Werrington, ST9 0JS.
10.30am - 12.30pm
.....

Reading Friends
Read together in a supportive group. Free refreshments. No need to book.
Bentilee Library, Bentilee Neighbourhood Centre, Bentilee, ST2 0EU.
1.30pm - 3.30pm.



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