



North Staffs Carers

**September
2026**

What's On

**Monday
31st**

**Tuesday
1st**

**Wednesday
2nd**

**Thursday
3rd**

**Friday
4th**



**Week
commencing
31st August**

**No Tai Chi
Exercise
as it is
Bank Holiday**

Breathing Space
Support group
for carers of
adults with
learning
disabilities
**Dez's Kitchen,
Fegg Hayes, ST6
6QR.
11.00am -
1.00pm**

**Photography
Club**
**Temple Street
Community
Centre, Fenton,
ST4 4NW
10.00am -
12.00pm**
.....

Lifeworks Group
For carers with
autism or caring
for someone
with autism.
**Northwood
Garden Centre,
Clayton Rd,
Newcastle-
under-Lyme.
ST5 4DH
10.30am -
12.30pm**
.....

**Mental Health
Carers Group**
Support group
for those caring
for someone
with mental
health issues.
**Ashcombe
Centre, Wall
Lane Terrace,
Cheddleton,
ST13 7ED.
1.00pm -
2.00pm**

**Brunch @ Olive
Tree Cafe**
Carers' Catch-
up.
**Olive Tree Cafe,
Garners Garden
Centre,
Silverdale, ST5
6SH.
10.30am -
12.00pm**
.....

**Mental Health
Carers Group**
Support group
for those caring
for someone
with mental
health issues.
**Greenfields
Centre, Furlong
Rd, Tunstall, ST6
5UD.
11.00am -
12.30pm**

**Carers' Support
Group**
Speak to one of
our advisors and
meet other
carers.
**Meir Primary
Care Centre,
Meir, ST3 6AB.
10.00am -
12.00pm**
.....

Reading Friends
Read together in
a supportive
group. Free
refreshments. No
need to book.
**Bentilee Library,
Bentilee
Neighbourhood
Centre,
Bentilee, ST2
0EH.
1.30pm -
3.30pm.**



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putting carers first
Registered Charity No. 1062548

**northstaffscarers.co.uk
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North Staffs

Carers

September
2026



What's On

Monday
7th

Tuesday
8th

Wednesday
9th

Thursday
10th

Friday
11th

Week
commencing
7th
September

Tai Chi Exercise
Gentle exercise
and relaxation
for everyone.
Please wear
loose,
comfortable
clothing.
**Gardeners'
Retreat Pub,**
Boothen, Stoke,
ST4 4BJ
12.30pm -
1.30pm



**Lifeworks 20th
Anniversary
Celebration**
For carers with
autism or caring
for someone
with autism.
**The Bridge
Street Centre,**
**Birches Head
Road, ST2 8DD**
9.30am -
1.00pm
.....

**Photography
Club**
**Temple Street
Community
Centre, Fenton,**
ST4 4NW
10.00am -
12.00pm
.....

Arts and Crafts
**Temple Street
Community
Centre, Fenton,**
ST4 4NW
10.00am -
12.00pm

**Carers' Walking
Group**
Hanley Park,
Cleveland Rd,
Hanley, ST1 4DX.
Gentle walk on
accessible route.
Cafe and toilets
available. Meet
outside the cafe.
11.00am -
1.00pm
.....

NEW!
**Carer Support
Group**
Meet one of our
advisors and
chat with other
carers in a
supportive,
dementia-
friendly
environment.
Parking
available on
Kingsway Car
Park.
Stoke Minster,
Glebe Street,
Stoke, ST4 1LP.
12pm - 2pm.

Chill & Chat
Support group
for parents and
carers of adults
with SEND
Grocott Centre,
Ingestre Square,
Blurton, ST3 3JT.
1.00pm -
3.00pm



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**Monday
14th**

**Tuesday
15th**

**Wednesday
16th**

**Thursday
17th**

**Friday
18th**

**Week
commencing
14th
September**

**No Tai Chi this
week due to
staff holiday.**



Carers' Support Group

Speak to one of
our advisors and
catch up with
other carers.

**Kidsgrove
Library,
Kidsgrove, ST7
1BS.**

**2.00pm -
3.00pm**

**Photography
Club
Temple Street
Community
Centre, Fenton,
ST4 4NW
10.00am -
12.00pm**

**PEGIS/SEND
Community
Lounge.
Hazel Trees,
Fenton, ST4 3NR.
10.00am -
12.00pm
.....**

**Carers'
Allotment Visit**
Please wear
suitable clothing
and bring your
own
refreshments.
**NO TOILETS AT
THIS VENUE.**
**Longton Hall
Community
Allotments,
Longton Hall
Lane, Longton,
ST3 2NJ.
10.00am -
12.00pm**

Men Care 2
Monthly men's
group to meet
new friends and
share
experiences.
**The Cafe, Fenton
Town Hall,
Albert Square,
Fenton, ST4 3FA.
10.30am -
12.30pm
.....**

Reading Friends
Read together in
a supportive
group. Free
refreshments. No
need to book.
**Bentilee Library,
Bentilee
Neighbourhood
Centre,
Bentilee, ST2
0EH.
1.30pm -
3.30pm.**



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	Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
Week commencing 21st September	No Tai Chi this week due to staff holiday.		Photography Club Temple Street Community Centre, Fenton, ST4 4NW 10.00am - 12.00pm Arts and Crafts Temple Street Community Centre, Fenton, ST4 4NW 10.00am - 12.00pm	Mental Health Carers Group Support group for those caring for someone with mental health issues. The Sutherland Centre, Belgrave Rd, Dresden, ST3 4LR. 10.00am - 11.30am.	Shared Memories Dementia Group. For those living with dementia and their carers. Werrington Library, Werrington, ST9 0JS. 10.00am - 12.00pm

	Monday 28th	Tuesday 29th	Wednesday 30th
Week commencing 28th September	Tai Chi Exercise Gentle exercise and relaxation for everyone. Please wear loose, comfortable clothing. Gardeners' Retreat Pub, Boothon, Stoke, ST4 4BJ 12.30pm - 1.30pm	Carers' Catch Up Hempstalls Care Home, Hempstalls Lane, Newcastle, ST5 9NR. 10.30am - 12.00pm	Photography Club Temple Street Community Centre, Fenton, ST4 4NW 10.00am - 12.00pm



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