



January 2026



What's on Mondays



peer support

Carersfirst Support Group

Take time out from your caring role

Come along to our group for emotional, practical and peer support

Meeting on Monday

5th & 19th January 2026

The John Marstons

Blurton

ST3 2NQ

11.00 am - 1.00 pm



What's on Tuesdays

Carers Catch up & Activities

Biddulph

Community Zone
ST8 6NE

6th January 2026

10am - 11:30am

Carers Support Group

Kidsgrove

Kidsgrove Library
ST7 1BS

20th January 2026

2.00 pm - 3.30 pm

Carers Catch Up

Hempstalls Lane Newcastle

27th January 2026

10.30 am - 12.00pm

**Hempstalls Care Home
ST5 9NR**

what's on wednesdays

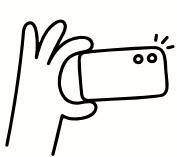


what's on Thursdays

Photography Club

Fenton

(Every Wednesday)
10am-12 Noon



Temple St Community Centre
ST4 4NW

Brunch @ Olive Tree Cafe

Silverdale

10:30am - 12 Noon

Garners Garden Centre
ST5 6SH
8th January 2026



Lifeworks Meeting



14th January 2026
10:30am to 12pm

(For Carers with Autism or Caring
for someone with Autism)

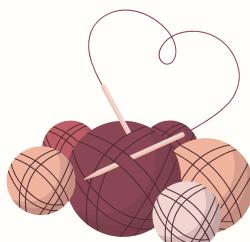
Harper House, Harper Street,
Middleport, ST6 3QU

PEGIS SEND

Community Lounge **Fenton**

10am- 12 Noon

Hazel Trees ST4 3NR
15th January 2026



Arts & Crafts

Fenton

ST4 4NW



Temple Street Community Centre
Fenton
10am-12 Noon

Meeting on
14th & 28th January 2026

CARERS DROP IN

Trent House

Fenton

10.00 am - 11.30 am
15th January 2026

Come and have a chat with
one of our Support Advisors

What's on Fridays January 2026



Carers Support Group

Meir

10am-12pm

Meir Primary Care Centre
ST3 6AB



Meeting on 9th January 2026



Men Care 2

Join our monthly
Men's group

Meet new friends & share
experiences

Meeting at
The Cafe Fenton, Albert Sq
Fenton, ST4 3FA

16th January 2026
10.30 am - 12.30 pm

SHARED MEMORIES DEMENTIA GROUP

Join our NEW monthly group
for those living with Dementia
and their Carers

Meet new friends & share
experiences

Meeting at
Werrington Library, ST9 0JS
30th January 2026
10.00 am - 12.00 noon



out and About at the Community Lounges



**3RD WEDNESDAY
OF EVERY MONTH**

St Johns Welcome Centre
ABBEY HULTON
ST2 8JW

9.00 am - 10.30 am

**2ND TUESDAY
OF EVERY MONTH**

The Hub @ ST6
Fegg Hayes
ST6 6QR

10.00 am - 12 noon



**3RD THURSDAY
OF EVERY MONTH**

Temple Street Community Centre
FENTON
ST4 4NW

10.00 am - 12 noon

Come and speak to one of our Carer Advisors at any of the above venues to find out what support is available

